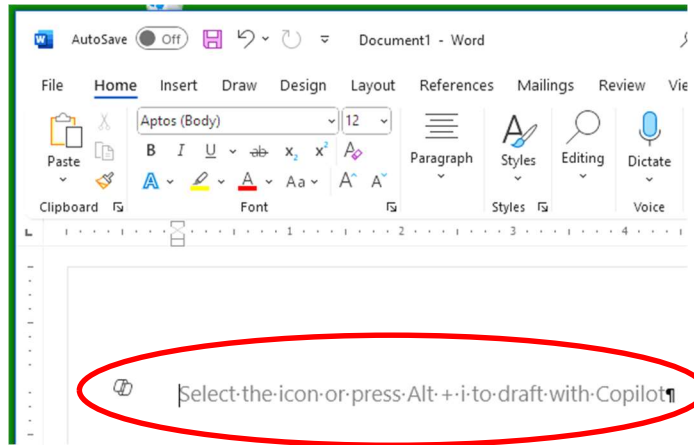


# Is Copilot in your face?

The quick technique for those who just want to get rid of it and don't need my dialog:  
<https://FromTheHelpdesk.blogspot.com>

Note: At the moment - 1/18/25 – this *Microsoft Gripe* seems to only apply to “selected” users of a consumer subscription of 365 or Microsoft Office 365. No telling what that really means except that you’re a Guinea pig. And remember, it’s not just Copilot that’s in your face. It’s even more of Microsoft looking over your shoulder and recording everything you’re doing. I gave up and let them do that because I’ve been using Office since Word1 and this old dog doesn’t want to learn something else – as though there were a true and compatible equivalent.

<p>I opened Word one day and got a message that gave me the “option” to <i>draft with Copilot</i>. ⇨ I couldn’t make it go away so that I could type <i>what I want</i>. (1) When I started to type it jumped in and “finished” with a 2-page story.</p> <p>So I went looking ...</p> <p>I was searching “delete Copilot.” (2) All that gave was screenfuls of other people wanting the same thing. Finally I landed on an MS page that told me ...</p>	
<p><b><a href="#">How to turn off Copilot in Microsoft 365 Family and Personal subscriptions</a></b></p> <p>Halfway down the article it gave me <i>three</i> straightforward steps:</p> <p><i>Why couldn't I have gotten those instructions in the first search?</i> ⇨</p> <p>I tweak my settings in File&gt;Options all the time so that MSOffice works <u>like I want it to!</u></p>	<p><b>Clear the "Enable Copilot" checkbox on Windows devices</b></p> <ol style="list-style-type: none"> <li>1. In your app (for example, Word), go to <b>File &gt; Options &gt; Copilot</b>.</li> <li>2. Clear the <b>Enable Copilot</b> checkbox.</li> <li>3. Select <b>OK</b>, and then close and restart the app.</li> </ol> <p>If you want to turn Copilot back on, repeat these steps, but select <b>Enable Copilot</b> in Step 2.</p> <p>See graphic steps at <a href="https://FromTheHelpdesk.blogspot.com">https://FromTheHelpdesk.blogspot.com</a></p>
<p><b>Notes</b></p> <ol style="list-style-type: none"> <li>(1) With a lifetime as a writer and 30 years as a designer; yeah, I don't want anyone, and especially an experimental app to take my “creativity” away.</li> <li>(2) What I and most other searchers wanted was a straight-forward, permanent way to ban Copilot from their environment, everywhere and forever, until they <b>invited</b> it back.</li> <li>(3) PS: when I started to create those two <i>manual</i> notes, Word took it on itself to convert it to footnote format. No telling how much tweaking I'll have to go through to post it to my blog</li> </ol>	